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| Winter Eatery Menu Specials & Soups**Weekly Specials 1 (Dates: December 5-9, January 2-6, January 30-February 3, February 27 – March 3)** |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Smothered Chicken(260 calories) | Southwest Rice BowlWith steak, scallions, tomato, cotija cheese, Pico, Mexican rice (370 calories) | Tuna Salad Wrap(410 calories)w/ Chips(100-220 calories)and Cup of soup | Stuffed Shells with Bolognese Sauce(290 Calories) | Citrus Peppercorn Tilapia(150 calories) |
| **Vegetable** | Garlic Roasted Carrots(80 calories) | Garden Salad(25 Calories) | Oven Roasted Vegetables(50 calories) |
| **Potato / sub** | Baked Beans(130 calories) | Multigrain Dinner Roll(120 calories) | Baby Bakers(120 calories) |
| **Soup #1** | \*Creamy Tortellini(170 calories)  | \*Hearty MeatballSoup (100 Calories) | \*House made Stuffed Pepper(150 calories) | Broccoli & Cheese(140 calories) | \*Chili(210 Calories) |
| **Soup #2** | \*Minestrone(180 calories)  | Chicken Wild Rice(210 calories) | Loaded Potato Soup(170 calories) | Beef Barley(120 calories) | \*Chicken Noodle(230(230 calories) |
| **Weekly Specials 2 (Dates: December 12-16, January 9-13, February 6-10)** |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** |  Beef Stew(250 calories) | Parmesan Grilled Cheese(400 calories)w/ Chips(100-220 calories)and Cup of soup | Italian Chicken(280 calories) | Sweet Chili Meatballs(390 calories) | Cobb Salad(150 Calories) |
| **Vegetable** | Garden Salad(25 Calories) | Roasted Broccoli(90 calories) | Green Beans(45 calories) | Cup of soup |
| **Potato / sub** | Biscuit(200 calories) | Penne Pasta w/ MarinaraSauce (460 calories) | Mashed Potatoes(110 calories) | Multigrain Dinner Roll(120 calories) |
| **Soup #1** | \*Zuppa Toscana(380 calories) | \*French Onion(170 calories) | \*Creamy Tortellini(150 calories) |  \* Hearty Meatball  Soup(100 Calories) | \*House made Stuffed Pepper(140 calories) |
| **Soup #2** | Chicken Dumpling(140 calories) | Roasted Red Pepper Bisque(300 calories) | \*Minestrone(180 calories) | Chicken Wild Rice(230 calories) | Loaded Potato Soup(170 calories) |
| \*Tacos available every Tuesday! Soups with an \* are Homemade 😊 |
| Winter Eatery Menu Specials & Soups**Weekly Specials 3 (Dates: December 19-23, January 16-20, February 13-17)** |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Creamed Chicken(230 calories) | Beef & Pepper Stir Fry(250 Calories) | Baked Ham(120 calories) | Teriyaki Chicken(150 calories) | Potato Crusted Cod(210 calories) |
| **Vegetable** | Roasted Asparagus(35 calories) | Sesame Green Beans (80calories) | Maple Roasted RootVegetables(330 calories) | Broccoli(35 calories) | Garlic Roasted Carrots(80 calories) |
| **Potato / sub** | Mashed Potatoes(110 calories) | Basmati Rice(120 calories) | Scalloped Potatoes(60 calories) | Fried Rice(220 calories) | Ranch Potatoes(90 calories) |
| Biscuit(200 calories) |
| **Soup #1** | Broccoli & Cheese(140 calories) | \*Chili(210 Calories) | \*Zuppa Toscana(190 calories) | \*French Onion( 170 calories) | \*Creamy Tortellini(150 calories) |
| **Soup #2** | Beef Barley(120 calories) | \*Chicken Noodle(115 calories) | Corn Chowder(120 calories) | Roasted Red Pepper Bisque(300 calories) | \*Minestrone(180 calories) |
| **Weekly Specials 4 (Dates: December 26-30, January 23-27, February 20-24)** |
|  | **Monday** | **Tuesday\*** | **Wednesday** | **Thursday** | **Friday** |
| **Lunch Special** | Grilled BBQ Chicken Thighs (130 calories) | Gyros(640 calories) | Roasted Turkey(200 calories) | Southwest Veggie Wrap(300 calories)w/ Chips (100-220 calories)and Cup of soup | Chicken Divan (470 calories) |
| **Vegetable** | Corn(100 calories) | Apple Slices with caramel dip (280 Calories) | Roasted Brussel Sprouts (60 calories) | Green Beans w/ almonds(80 calories) |
| **Potato / sub** | Cheddar Bacon Risotto(260 calories) | Garlic Parmesan Steak Fries (90 calories) | Mashed Potatoes & Gravy(110/15 calories) | Rice Pilaf(120 calories) |
| Cranberry Sauce (90 calories) |
| **Soup #1** | \*Hearty MeatballSoup(100Calories) | \*House made Stuffed Pepper(140 calories) | Broccoli & Cheese(140 calories) | \*Chili(210 Calories) | \*Zuppa Toscana(190 calories) |
| **Soup #2** | Chicken Wild Rice(230 calories) | Loaded Potato Soup(170 calories) | Beef Barley(120 calories) | \*Chicken Noodle(115 calories) | \*French Onion(170 calories) |

\*Tacos available every Tuesday! Soups with an \* are Homemade 😊